Career and Professional Success

CEPS CAREER TEAM
Location: Kingsbury Hall
Stephanie Whitney/Riannon Nute/Shayna Moran

CENTRAL CAREER TEAM
Location: Hood House
Employer Relations & Marketing
Meet the CEPS Career Team

Stephanie Whitney  
Career Director  
Kingsbury W257  
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Riannon Nute  
Career Counselor  
Kingsbury W248  
riannon.nute@unh.edu

Shayna Moran  
Employer Relations Specialist  
Floating Locations  
Shayna.Moran@unh.edu
First Year: Discovery Process Begins!

High level of activity and variety is key!
✓ Get involved: join clubs, organizations, teams etc.
✓ Connect with Faculty on research opportunities
✓ Volunteer
✓ Participate in Career Services events
  ✓ Resume Review Day
  ✓ Career & Internship Fair
  ✓ Mock Interview Day
  ✓ Express Hours
...and more!

https://www.youtube.com/watch?v=Ox-gOJgoLzM
Connecting with your Career Team

- Interest assessments
- Explore Potential Careers
- Identify internships and jobs
- Build resumes and cover letters
- Find mentors in your field
- Prepare for career events
- Practice interviewing and networking
CAREER EXPRESS
WALK-IN HOURS
1-3pm
Monday/Tuesday/Wednesday
Kingsbury Hall
Internships

What do I need to know about internships?

- 90% of 2017 grads took part in at least 1 internship or research experience while at UNH (FDS)
- Can have multiple internships over your student career
- Excellent way to connect with industry/gain experience
- Start looking early!! Most companies recruit in the Fall
- Attend the Career and Internship Fairs
- Use Handshake to search for positions
- https://www.youtube.com/watch?v=ovR9Nh-yaBM&t=1s
Reflection: Skills Beyond the Classroom

FIGURE 37
Attributes Employers Seek On a Candidate’s Resume

<table>
<thead>
<tr>
<th>Attribute</th>
<th>% of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Problem-solving skills</td>
<td>82.9%</td>
</tr>
<tr>
<td>Ability to work in a team</td>
<td>82.9%</td>
</tr>
<tr>
<td>Communication skills (written)</td>
<td>80.3%</td>
</tr>
<tr>
<td>Leadership</td>
<td>72.6%</td>
</tr>
<tr>
<td>Strong work ethic</td>
<td>68.4%</td>
</tr>
<tr>
<td>Analytical/quantitative skills</td>
<td>67.5%</td>
</tr>
<tr>
<td>Communication skills (verbal)</td>
<td>67.5%</td>
</tr>
<tr>
<td>Initiative</td>
<td>67.5%</td>
</tr>
<tr>
<td>Detail-oriented</td>
<td>64.1%</td>
</tr>
<tr>
<td>Flexibility/adaptability</td>
<td>60.7%</td>
</tr>
<tr>
<td>Technical skills</td>
<td>59.8%</td>
</tr>
</tbody>
</table>

Source: NACE Job Outlook 2018
Tips for Success

✓ Remember, academics come first!

✓ If you are still exploring options, approach a faculty member in your area of interest, visit the department office, or talk to students in various majors

✓ Aim to be a positive contributor and member of the community with no conduct record

✓ Be aware of your online presence (and use social media to your advantage)

✓ Take advantage of all the resources available to you!