WILDCAT WAY TO PROFESSIONAL SUCCESS

BUILD AWARENESS

- Identify your interests, skills, and values
  Career and Professional Success staff can provide assessment tools to help with the exploration process
- Learn about your field of interest: industry areas, job types/titles, growth projections
  Review O*Net, the Bureau of Labor Statistics, and CareerOneSource
- Map your skills to industry needs
  Search job descriptions, indeed.com, LinkedIn, and company-specific pages to learn what skills are in demand
- Understand the career paths of fellow students and alumni
  Join Wildcat Connections, review alumni LinkedIn profiles, UNH Today, and college websites for alumni stories
- Understand salary ranges for your industry
  Search salary.com, Glassdoor, O*Net, and the Bureau of Labor Statistics to find ranges for roles in your industry
- Create and update career documents
  Including resumes, cover letters, and other professional correspondence
- Create and practice your professional pitch
  Take part in the Career Storytelling Workshop series with the College of Liberal Arts Capstone team
- Develop your LinkedIn profile
  Attend Career Express or Cap’s Workshop Series to receive feedback and tips on optimizing your profile
- Practice interviewing for your specific industry/field and professional goals
  Use InterviewStream website to record a practice interview, conduct a mock interview with a mentor/employer
- Cultivate your professional image
  Dress for success, learn industry-specific etiquettes, and review your social presence

BUILD PROFESSIONAL IMAGE

- Engage in research and field experience
  Take the Jackson Career Explorer, Skills Scan, or Value Card Sort (available through Careers and Professional Success)
- Publish your research and papers
  Submit your research to psychology-specific journals
- Present at professional conferences and competitions
  Take part in the Undergraduate Research Conference
- Secure a Teaching Assistant, Lab Assistant, or tutoring position
  Take on a leadership or service position within your department to support your peers
- Study away to build your national and global citizenship
  Find the right program for you through National Student Exchange, Semester in the City, Education Abroad, etc.
- Consider submitting your research to appropriate engineering and science journals
  Take part in the Undergraduate or Graduate Research Conference as well as any department poster sessions

BUILD EXPERIENCE

- Learn about all of the resources available on campus
  Explore the A-Z Resource Guide on the site to see all UNH has to offer
- Volunteer to support your local or global community
  UNH Civic and Community Engagement
- Join and participate in clubs and/or student organizations
  Fund through the Office of Student Involvement and Leadership, academic organizations, and Campus Recreation
- Pursue student leadership positions
  Apply to be a Resident Assistant, take a leadership position in an organization, run for student government

CO-CURRICULAR

- Shadow professionals and companies of interest
  Use Wildcat Connections or campusconnctions to build relationships and request job shadowing experiences
- Secure at least one internship
  Search through Wildcat Careers, established Psychology internship opportunities, or other connections to find options
- Get a part-time job to build other transferable skills
  Attend the Local and On-Campus Student Job Fair, inquire with campus departments or local businesses
- Search through Wildcat Careers, Indeed.com, and pay attention to department and career weekly emails

BUILD RELATIONSHIPS

- Build professional and personal networks
  Connect with alumni, faculty, staff, employers, supervisors, parents, friends, and peers, etc. Create a profile on Wildcat Connections, and expand your LinkedIn connections
- Attend employer events on campus and in the community
  Resume Review Days, Career and Internship Fairs, employer tabling, information sessions, employer and alumni panels
- Conduct informational interviews
  Meet with a variety of professionals from desired industry organizations to hear their career stories and advice
- Secure 3-5 professional references
  Connect with a combination of appropriate employers, faculty, staff, and/or supervisors
At the University of New Hampshire, students develop personal and professional skills by following the Wildcat Way to Professional Success. This model is designed to provide guidance and recommended action steps throughout the UNH experience, equipping students with the knowledge and tools to thrive in an ever-changing future.

EXPERIENTIAL LEARNING
Learning happens not only in the classroom and on campus, but also, and equally as important, through hands-on interactions and engagement with industry, national labs, NSF-REUs, and other organizations and partners. Experiential learning helps students to “connect the dots” and explore the link between academic interests and potential career paths. Students participate in experiential learning at a variety of sites, including:

- BAE Systems
- NASA
- The Johns Hopkins Applied Physics Lab
- Microsoft
- Raytheon
- University of New Hampshire

GRADUATE SCHOOL
Graduates from the CEPS Class of 2017 enrolled in masters and doctoral programs at the following institutions:

- University of New Hampshire
- Clemson University
- Colorado State University
- Duke University
- Rensselaer Polytechnic Institute
- Stanford University
- Technical University of Munich
- Texas A&M
- Tufts University
- University of Colorado Boulder
- University of Michigan

POTENTIAL CAREERS

Overall employment of physicists and astronomers is projected to grow 14 percent from 2016 to 2026, faster than the average for all occupations. Physicists are projected to have employment growth in scientific research and development services, educational services, and healthcare and social assistance. The fast growth will result in only about 2,600 new jobs over the 10-year period. Astronomers is a small occupation, and the fast growth will result in only about 200 new jobs over the 10-year period. Federal spending is the primary source of physics- and astronomy-related research funds, especially for basic research. Growth in the federal government’s spending for research in physics and astronomy is expected to be more or less flat, and this will dampen the need for physicists and astronomers at institutions heavily dependent on such funding. Potential careers include, but are not limited to:

- Accelerator Operator
- Applications Engineer
- Data Analyst
- Design Engineer
- High School Physics Teacher
- IT Consultant
- Lab Technician
- Laser Engineer
- Optical Engineer
- Research Associate
- Software Developer
- Systems Analyst
- Technical Specialist
- Web Developer

unh.edu/career